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# CHANDIGARH ADMINISTRATION HEALTH DEPARTMENT

6,7,8  
P.N. is A/C  
Resubmitted  
for case # 127-1/12

Notification

The <sup>13</sup>th February, 2014

No. 1/50/FH(5)/2013T. 1282 In exercise of the powers conferred by sub-section (1) of section 78 read with sub-section (2) of section 71 of Narcotic Drugs and Psychotropic Substances Act, 1985 (Central Act No. 61 of 1985) read with Central Government's Notification No. SO 818(E) dated 4.11.1985 and all other powers enabling him in this behalf, the Administrator, Union Territory, Chandigarh is pleased to make the following rules for establishment, appointment, maintenance, management, superintendence of, and for supply of Narcotic Drugs and Psychotropic substances from the centers established under sub-section (1) of the said section 71 and for the appointment, training, powers and duties of personnel employed in such centers, namely:-

1. **Short title and commencement.**-(1) These rules may be called the Union Territory, Chandigarh Substance Use Disorder Treatment and Counseling and Rehabilitation Centers Rules, 2014.  
(2) They shall come into force on and with effect from the date of their publication in the Official Gazette.
2. **Definitions.**-(1) In these rules, unless the context otherwise requires.-
  - (a) "Act" means the Narcotic Drugs and Psychotropic Substances Act, 1985;
  - (b) "Appellate Authority" means the Chairman of the State Level Committee;
  - (c) "Centers" means the centers established under sub-section (1) of section 71 of the Act;
  - (d) "District Level Committee" means the Committee constituted under sub-rule (1) of rule 12 of these rules;
  - (e) "Form" means a form appended to these rules;
  - (f) "Government" means the Administrator, Union Territory, Chandigarh in Health Department, Chandigarh Administration;
  - (g) "Licensing Authority" means the Licensing Authority constituted under sub-rule (1) of rule 8 of these rules; and
  - (h) "State Level Committee" means the State Level Committee constituted under sub-rule (1) of rule 3 of these rules;(2) The words and expressions used in these rules, but not defined, shall have the same meaning, as assigned to them in the Act.
3. **Constitution of State Level Committee.**-(1) There shall be constituted a State Level Committee by the Government.  
(2) The Committee, constituted under sub-rule (1) shall consist of the following members, namely :-

(a) Secretary (Health), Chandigarh Administration.	Chairman
(b) Secretary Technical Education, Chandigarh Administration.	Member
(c) Secretary Education, Chandigarh Administration.	Member
(d) Director, Medical Education and Research, Chandigarh Administration	Member
(e) Director Higher Education, Chandigarh Administration.	Member

Ministry of Health and Family Welfare, Department of Health and Family Welfare, Government of India, ✓ on the quarterly basis for the purpose of information and compilation of State and National data.

22 Admission. - Admission to the Centre shall be made only with informed consent of the patient, after discussing risks, benefits and alternatives to the treatment, to be recorded in writing. A copy of the Consent Form shall be provided to the patient. The patient shall have the right to refuse and discontinue treatment at any time.

Anil Kumar, IAS  
Secretary Health,  
Chandigarh Administration.

Enclst. No. 1/50/FII(5)/2013/

Dated, the

A copy is forwarded to the Controller, Printing and Stationery Department, U.T Chandigarh with the request that the above notification may please be published in Chandigarh Administration Gazette and send 20 copies thereof for official use.

Superintendent FII/Health  
For Secretary Health  
Chandigarh Administration.

Enclst. No. 1/50/FII(5)/2013/

1384

Dated, the

13-02-14

A copy is forwarded to the following for information and necessary action:

1. Secretary Technical Education, Chandigarh Administration;
2. Secretary Education, Chandigarh Administration;
3. Deputy Commissioner, Chandigarh
4. Director Medical Education and Research, Chandigarh Administration;
5. Director Higher Education, U.T. Chandigarh;
6. Director Social Welfare, U.T. Chandigarh;
7. Director Technical Education, U.T. Chandigarh;
8. Director Health and Family Welfare, U.T. Chandigarh,
9. Secretary, U.T. Chandigarh Child Welfare Council, Chandigarh.
10. Secretary, U.T.Red Cross Society, Chandigarh.
11. Head of the Department of Psychiatry, Government Medical College & Hospital, Chandigarh
12. Principal Medical Officer, U.T. Chandigarh
13. Senior Medical Officer ( Psychiatry), GMSH/16, Chandigarh

10/2/14  
Superintendent FII/Health  
For Secretary Health  
Chandigarh Administration.

Substance Use Disorder patients to be provided at the Centre within three months ; ✓

- (v) Two Safai Karamcharis ; ✓
- (vi) One Cook-cum-Helper or regular arrangement for fresh nutritious food from outside. ✓
- (vii) Peer educator (Optional) ; and ✓
- (viii) Three security guards / Chowkidars.

(2) For a Substance Use Disorder Counseling and Rehabilitation Centre : ✓

(No patient/client shall be admitted to Rehabilitation Centre till he has undergone detoxification from a recognized Centre. This fact should be on record with evidence.) ✓

- (i) One Project Director/ Programme Officer :
- (ii) Three Social Workers/ Counselors with basic qualification of M.Phil. or M.A. in Psychology or Sociology or Social Work preferably with training in Substance Dependence treatment from a recognized institution ; ✓
- (iii) Three Ward Attendants with basic qualification of 10+2 examination from a recognized Board or institution, as the case may be, with Orientation to handle substance dependents to be provided at the Centre within three months.
- (iv) Two security guards/ Chowkidars ;
- (vi) Two safai karamcharis ; and
- (vii) One Cook-cum-Helper (Optional) or regular arrangements for fresh nutritious food from outside.

D. SUPPORT SERVICES:

Each Centre shall provide the following support services:-

- (i) Emergency Medical Care : ✓
- (ii) Recreational / rehabilitation facilities and outdoor activities ; ✓
- (iii) Regular daily outpatient service ; ✓
- (iv) Referral linkage for specialist medical services, laboratory services, HIV/AIDS centres, RNTCP centres; and
- (v) Adequate transport facilities for patients for the purpose of linkage activities and Emergency Medical Care. ✓

E. RECORD MAINTENANCE AND DISSEMINATION :

- (i) It shall be mandatory for all the Centres to maintain personal and treatment record of all the patients. ✓
- (ii) These records shall be confidential and available only to the authorized persons on request at with the discretion of Officer-in-charge of the Centre. ✓
- (iii) All the data on activities of the Centre shall be sent to Drug Abuse Monitoring System (DAMS) Performa, developed by the Government of India's Union Ministry of Health and Family Welfare, to the Director, Health & Family Welfare U. T. Chandigarh

- ✓ (ii) Cubicle/room for providing individual counseling, group therapy and family counseling;
- ✓ (iii) Space to store records of patients to ensure confidentiality and a system of easy retrieval;
- ✓ (iv) Related educational material such as posters to be prominently displayed at strategic points in the centres; and
- ✓ (v) Pamphlets, hand bills and other educational materials in vernacular shall be made freely available for the public.

**B MEDICAL STANDARDS :**

- (i) No patient shall be compelled to undergo detoxification treatment without explaining the range of treatment options available to him including substitution/maintenance therapy, psychosocial interventions and his consent for undergoing treatment for de-addiction.
- (ii) Treatment protocol of the Centres shall follow the established and evidence based medical practice and the guidelines published by the World Health Organization (WHO), Government of India, and the Indian Psychiatric Society (IPS) including the harm minimization practices advocated from time to time.
- (iii) Nursing and other staff employed in Centre shall be duly qualified as per their job requirement and shall be competent to handle the work assigned to them. The Core Staff (doctors and nurses) should have received training in Substance Use Disorder treatment from a recognized institution.
- (iv) Officer-in-charge of a Centre, shall be duly qualified Psychiatrist or Doctor (M.B.B.S.) with at least three months training in Substance Use Disorder Treatment.
- (v) Where an M.B.B.S. doctor manages a Centre, it shall have a Psychiatrist on its roll, visiting the Centre at least once a week.
- (vi) Each Centre shall display the arrangement on the notice board for providing support and emergency services to the in-patients, if needed.
- (vii) Adequate transport/ ambulance for patients shall be ensured by the Centre.
- (viii) Round the clock medical nursing care to the patients shall be ensured by the Centre.
- (ix) There shall be adequate and readily available stock of medicines required and related physical and psychiatric co-morbidities.

**C. STAFF REQUIREMENT:**

- (1) For a Substance Use Disorder Treatment Centre :
  - (i) One part-time (4 hours a day minimum) doctor who is MD Psychiatry, (preferably) or an M.B.B.S. doctor with at least three months in Substance Use Disorder Treatment from a recognized institution (Doctor-Patient ratio of 1:20).
  - (ii) Two Social Workers/ Counselors who are in M.Phil./ M.A. in Psychology, Sociology or Social Work preferably with training in Substance Use Disorder Treatment from a recognized institution (Counselor-Patient ratio of 1:10).
  - (ii) Four staff nurses for round the clock services who are B.Sc. or Diploma in Nursing with training in Substance Use Disorder Treatment Centre from a recognized institution (Nurse-Patient Ratio of 1:20).
  - (iv) Three Ward Attendants who have passed 10+2 examination from a recognized Board or institution, as the case may be.